



**The Nutrition Program Design Assistant: A Tool for Program Planners** helps program planning teams select appropriate community-based nutrition approaches for specific target areas. The tool has two components: 1) a reference guide that provides guidance on analyzing the nutrition situation, identifying program approaches and selecting a combination of approaches that best suits the situation, resources and objectives and; 2) a workbook where the team records information, decisions and decision-making rationale.

The tool focuses on the design of preventive programs and is intended for use in areas where there is a high prevalence of stunting and/or underweight in children. It also provides guidance on recuperative approaches that may be included in preventive programs in areas that also have a high prevalence of acute malnutrition and a very high prevalence of underweight in children. The guidance provided is based on the collective experience of the nongovernmental organization (NGO) members of the CORE Group Nutrition Working Group, local community-based partnership organizations, USAID technical experts and technical assistance projects as well as the literature. Electronic versions of the tool and related resources are available on CORE Group's website see links below. For hard copies of the Nutrition Program Design Assistant (NPDA) Reference Guide and Workbook, please e-mail [contact@coregroupdc.org](mailto:contact@coregroupdc.org).

#### NPDA Reference Guide

[http://www.coregroup.org/storage/documents/Workingpapers/NPDA\\_RefGuide\\_web.pdf](http://www.coregroup.org/storage/documents/Workingpapers/NPDA_RefGuide_web.pdf)

#### NPDA Workbook

[http://www.coregroup.org/storage/documents/Workingpapers/NPDA\\_workbook\\_web.pdf](http://www.coregroup.org/storage/documents/Workingpapers/NPDA_workbook_web.pdf)